

Tai Chi & Qi Gong Training

With Bodhi Klema & Makaan Burt

Includes a Tai Chi set Qi Gong, push hands, and a short educational Tai Chi film with rare footage.

(no experience required)

Saturday April 27th & May 4th

12:30-4:30PM

Light snacks will be provided

Member \$40

Non Member \$55

For more information contact myamona@wellbridge.com

